## KEWSTOKE PRIMARY SCHOOL- PSHE CURRICULUM CONTENT

## National Curriculum Expectations KS1 & 2

https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe/personal-social-health-and-economic-pshe-education

## Intent

At Kewstoke school we value the importance of a high quality PSHE and RSHE curriculum. From September 2023 we have been using the Jigsaw scheme of work to support our planning and teaching of all of the statutory elements of the PSHE and RSHE curriculum and more. Jigsaw is a whole-school approach to promoting behaviour, safety, achievement and wellbeing. The plans cover all of the DfE's new statutory requirements for Relationships Education and Health Education. There are six themed units which provide a complete PSHE and wellbeing curriculum, including mental health and Relationships and Sex Education (RSE), along with related assessment tools. Jigsaw supports and contributes to the EYFS framework's Early Learning Goals, Characteristics of Effective Learning and Development Matters statements, particularly Personal Social, Emotional Development (PSED), and Communication and Language. The scheme of work allows us to develop the physical, emotional and social health resilience of our children. This encourages and allows individuals to thrive, achieve and grow. Jigsaw ensures that all aspects of PSHE and Citizenship are covered throughout school through age appropriate lessons and by addressing a range of topics, for example: anti bullying, managing risk, sex education, drug misuse, managing money and dealing with emotions. From September 2024 we will be moving over to the SCARF curriculum.

## Implementation

The PSHE curriculum has been designed to be taught weekly in classes with themes and learning outcomes being built on and reinforced throughout the school day and across all aspects of the children's lives at home and in school. The units are designed to be taught in themes which are revisited and previous learning is built upon at a depth that is appropriate for the age and stage of the child. Teachers have the flexibility to follow a suggested halftermly order of coverage or can change the order to fit the needs of their class/topics. The lessons are designed for delivery in a creative manner, using many approaches such as role play, discussion and games which incorporate learning outside the classroom where possible. Many themes are reinforced through other areas of the curriculum and across the school day for example, themed weeks (e.g. Anti-bullying week), visitors in classes and assemblies (PCSOs or Fire safety visit), whole-school initiatives (Healthy Schools, Play leaders and Anti-Bullying ambassadors), and whole school training (Somerset air ambulance emergency services training).

Children learn that PSHE is not just a lesson but a way of living which is reinforced in every aspect of their lives.