



Kewstoke Primary School

Happy Children, Successful Learners, Growing Together

Headteacher:

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Dear Parents/Carers,

This term our PSHE work has looked at change and how we manage and cope with change. Y6 have already taken part in a workshop about how to make their transition to secondary school positive and successful.

Part of our RSE (relationship and sex education) work includes how our bodies change at puberty. Later this week, we will talk about puberty and look at the changes we can expect as we become teenagers. This work will be done all together in Foxes class with Mrs. Mann and Mrs. Le Guilcher. The children will be given a worksheet showing the changes the human body experiences between childhood and adulthood.

Next week, **Y6 only** will have a separate workshop which will look in more detail at becoming an adult and include sex education. This will begin with an agreement about respectful and sensible behaviour (although embarrassed giggling is expected and allowed!). The session will be led by Mr. Champs and Mrs. Mann. All our resources are from a recognised scheme of work (used by many schools in North Somerset). Y6 pupils will be able to bring home copies of the worksheets if they wish. We also use animations from the scheme of work as part of this lesson. You are welcome to see these if you would like.

Parents and carers are the most important educators of children and young people in personal issues. You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school.

If you have any queries about the content of the programme or resources used, please do not hesitate to get in touch with us at school.

Thank you for all your support,

The Foxes team

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